

Quilting Bee

Patrona Turman, ACC, CAVS

Items Needed:

Construction paper

Scissors

Backing paper

Glue

Quilt patterns

Using construction paper cut different quilt pieces.

Pieces can be cut from old quilt patterns or make new ones.

These pieces are glued together on a backing paper (White, black or other color).

The squares are put together to form a quilt.

The quilt can be displayed on the wall.

This activity is great for reminiscing and fine motor skills

This activity can be used as a Ladies Group or as a 1:1 Activity.

Cap Drop

Patrona Turman, ACC, CAVS

Items Needed:

Bottle Caps—any size—different colors

Empty bottle, bucket or cap

Residents are given 5 bottle caps of a certain color.

They toss or drop their caps in a bottle with an opening larger than their caps.

This activity can be done to music, used as a timer or as a relay.

This is a good fine motor skills activity.

This can be a group or 1:1 activity