

## ACTIVITY PROGRAMMING

Name of Program: Bell Choir

Recommended Duration of Program: 30 minutes

Size of Group: You can have six or more residents depending on how many colored hand bells you have.

Goals and Objectives: Designed for providing Residents an opportunity to enjoy and learn music techniques by using hand bells.

Materials/Equipment Needed: One or two sets of colored hand bells, colored 8 x 10 squares of cardboard, color coated music that comes with the hand bell set.

Procedure: Have residents seated in a line at a table with a colored hand bell in front of them. Have the color coated cardboard laid out in the order of the song. As the Activity Director picks up the colors, the resident who has that color of the cardboard will ring the hand bell, whoever has the next color will play that bell and so on. You will need to keep the songs very simple and fun.