

## SUCCESSFUL ACTIVITY LESSON PLAN

**Activity: No-Bake Cinnamon Ornaments**

**Category: Creative/Makes 12 Ornaments**

**Group size: 12-16**

**Level of Function: Include all levels of function. One on one assist will be needed.**

**Room Set-Up: To assist and help residents arrange tables in a “U” shape with the residents on the outside of the “U”.  
If this is not possible allow plenty of room at each resident’s side for assistance.**

### **EQUIPMENT:**

Mixing bowl/spoon

Rolling pin

Measuring cups

Cookie cutters in holiday shapes

Baking racks for drying

### **MATERIALS:**

¾-1 cup applesauce

One 4.12 oz. bottle ground cinnamon

Thin satin ribbon or Ric-Rac

Wax paper to roll on

### **PROCEDURES:**

1. Show the resident’s a finished ornament if possible.
2. Assist to tables, observe for limitations/special needs, assist with hand washing before, and after crafts.
3. Assign a resident to measure/cut ribbon offering to assist as needed.
4. Take turns assisting different resident’s with measuring, mixing, rolling, and cutting.
5. Mix applesauce and cinnamon to form a stiff dough.
6. Roll out to ¼” thickness.
7. Cut with cookie cutters.
8. Make a hole at the top-center for the ribbon.
9. Let air dry several days, turning occasionally.
10. Be creative with offering paints, glitter, or sprays to complete the project letting the resident’s make choices.
11. Package as a gift, use as a decoration, or as an air freshener.

### **BENEFITS:**

**Socialization, re-motivation, tactile/sensory stimulation, self-expression with choices, increased self-esteem with a finished project that is meaningful.**

**Credit to: Schilling Spice Company**

**Submitted by: Joan M. Flannigan, ACC**

