

Wet T-Shirt Contest

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Post that you will be having a Wet T-shirt Contest. The Residents will be entered free but staff and family members will be charged a small entrance fee (fundraiser).

The object is to get the interest of all parties without telling them how it will be played.

To play: You will need a bucket of water and old T-shirts, wet the T-shirts in the bucket.

You can play two different ways: 1) throw the wet T-shirts through a hula-hoop and see who throws the most through the hula-hoop or, 2) make lines on the floor or parking area and mark those 5 feet, 10 feet, etc.

The person or team who throws the most or farthest is the winner (s).

You can provide a gift card to the staff or family member to a place to eat or Wal-Mart. The resident will get a gift card to a place to go and eat and then you take them out for an outing.

This is a great way to provide ROM and eye coordination, the Residents have fun and everyone can start saying that they have been in a wet T-shirt contest. This has been done in facilities in TN. Have fun and don't get wet.